**BE THE ONE!**

**2020 PARENTING CLASS SCHEDULE**

**ALL CLASSES ARE FREE AND OPEN TO THE PUBLIC.**

**YOUNG CHILD CLASS:**
A parent workshop for building resilient children and families (birth to age 8)

**JANUARY ***
**Tuesday/Thursday**
January 7, 9, 14, 16
6 - 9 p.m.
Northwest Elementary School

**MAY**
**Wednesday**
May 6, 13, 20, & 27
9 a.m. - 12 p.m.
Lebanon Family Health Services

**AUGUST**
**Tuesday/Thursday**
August 18, 20, 25, 27
6 - 9 p.m.
Lebanon Family Health Services

**NOVEMBER**
**Tuesday/Thursday**
November, 10, 12, 17, 19
9 a.m. - 12 p.m.
Lebanon Family Health Services

**ADOLESCENT CLASS:**
A parent workshop for building resilient teens and families (age 9–18)

**MARCH**
**Wednesday/Friday**
March 18, 20, 25, 27
9 a.m. - 12 p.m.
Lebanon Family Health Services

**JUNE**
**Tuesday/Thursday**
June 9, 11, 16, 18
6 - 9 p.m.
Lebanon Family Health Services

**SEPTEMBER ***
**Tuesday/Thursday**
September 15, 17, 22, 24
6 - 9 p.m.
Lebanon Middle School

* Classes offer Spanish translation

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Lebanon Family Health Services will not discriminate against any employee, applicant for employment, independent contractor, client, or any other person based on race, ethnicity, age, gender, religious affiliation, ancestry, union membership, sexual orientation, gender expression or identity, national origin, legal residence, ability to pay, parenthood, marital relationship, contraceptive preference, AIDS or HIV status, or disability.