



BE THE ONE!

2020 PARENTING CLASS SCHEDULE

ALL CLASSES ARE FREE AND OPEN TO THE PUBLIC.

YOUNG CHILD CLASS:

A parent workshop for building resilient children and families (birth to age 8)

JANUARY *

Tuesday/Thursday

January 7, 9, 14, 16

6 - 9 p.m.

Northwest Elementary School

MAY

Wednesday

May 6, 13, 20, & 27

9 a.m. - 12 p.m.

Lebanon Family Health Services

AUGUST

Tuesday/Thursday

August 18, 20, 25, 27

6 - 9 p.m.

Lebanon Family Health Services

NOVEMBER

Tuesday/Thursday

November, 10, 12, 17, 19

9 a.m. - 12 p.m.

Lebanon Family Health Services

ADOLESCENT CLASS:

A parent workshop for building resilient teens and families (age 9-18)

MARCH

Wednesday/Friday

March 18, 20, 25, 27

9 a.m. - 12 p.m.

Lebanon Family Health Services

JUNE

Tuesday/Thursday

June 9, 11, 16, 18

6 - 9 p.m.

Lebanon Family Health Services

SEPTEMBER *

Tuesday/Thursday

September 15, 17, 22, 24

6 - 9 p.m.

Lebanon Middle School

** Classes offer Spanish translation*

**ENROLL TODAY AT
273-6741, ext. 310
lebanonfamilyhealth.org**

